THE TIMES DAILY MAGAZINE PAGE

Consider the Moustache, My Friends

The Small Waxed Moustache Is What We Mean-Not Any of Those More Virile Looking Hirsute Facial Appendages, But the Little Teaser, Which Some Natures Find a Consolation.

ONSIDER the moustache, how it grows. It tolls not, neither does It spin, nor does it serve any purpose known to man. Yet it is waxed and twirled and caressed by the youth whose mental convolutions can grasp its meaning and purpose in life.

Why IS waxed moustacher

We don't mean those long walruslooking things, which droop mournfully at the sides of the face. They serve a purpose. To undertakers, for instance, they may be a lucrative commercial asset. They indicate sympathy and concern.

Nor do we mean those flerce black

They curl up luxuriantly, and cause all to think twice before insuiting their wearer. Why, there once was a man who was helpful around the house. He washed dishes, and tended the baby, and understood tatting. In fact, he would read "The Modern

In fact, he would read "The Modern Priscilla" cut loud for hours at a time to his wife.

Yet he grew up a revered and respected citizen.

Men went to him for advice, and in all his long life there was never a shadow of a murmur against his name. It was even rumored that he beat his wife on every third Wednesday. Why?

All because he had a pair of long black moustachies of such length and texture that as a result he looked like a pirate, who fed only on raw meat.

Not the 1840 Beard.

Nor do we mean those luxurious heavy mass of whiskers, and which remind one of Australia and bush remind one of Australia and bush life. They were worn in the '40's by young men who wished to conceal the fact that they were only twenty-one, but they served a purpose. Sometimes they concealed hare lips, jut teeth, and weak chins. They were moustaches which were beards. They made. MEN.

Nor the Flowing Set."

Nor do we mean those long, thin flowing affairs such as one finds in agricultural districts. They indicate that a man is busy, or that he has a distinct pride in himself which is justifiable. Then, too, they are beautiful.

are beautiful.

What is more inspiring than a set of luxurious whiskers, augmented by a moustache which disappears without a ripple into the beard, all blown by a passing wind, ruffling them in graceful strands like tasseled corn blowing in the breeze? Actually it's

poetic.

We don't mean any of these. What we mean is the small, tight-fitting waxed moustache. Invariably the chap who wears one of them smokes his cigarette in a holder. He has an insanity for useless things. The cigarette holder is uncomfortable, but it is nice to stick in people's eyes or to aid in touching the lighted tip of the cigarette against an unsuspecting shoulder. pecting shoulder.

pecting shoulder.

Between times of taking the holder in and out and loading it, the chap rolls his moustache nervously between his fingers and says; "Er-er-er-a."

To the Sphinx.

Some day, when we have time, we are going to go out into Egypt. and sit out in the sand in front of the Sphinx. Then we are going to ask a question. And the Sphinx will rise up, shake the sand of centuries from its body, and gallop away into the interior of Egypt.

We are going to ask the Sphinx:

"Why is a moustache when it is small and waxed?"

THE CONDUCTOR. ODE OF A STRAP-HANGER.

Cling, cling, desperately cling
To a strap in the car;
Where at least you can swing
As the car rolls merrily on its way.
And the conductor calls, "Please pass
this way,
There is plenty of room up there in
front."

And, if you squeeze in, you'il do some For sardines aren't in it with woman and man. But it's pay as you enter. Get a seat it you can,

t a seat if you can, this perfectly organized street-car plan. E. W. S.

WHAT THE TYPEWRITER DOES WHEN

WHAT THE TYPEWRITER DOES WHEN

WE ARE IN A HURRY.

Sample Copy which makes us believe in the animation of inanimate objects:

"Form that time on he was parctically afaird to stay sloen. The gril seemed to have frogot her geart love fro him, and to have frogot her geart love fro him, and eliowed anothre way. But his mother keptim him company during the logn nights which fololowed.

"One day the stage was et. Plams decroated the room and evrtyhing was youth and beauty. Only one sad face could bes een. Itwasthe face of youfn Harrt Hardgin. He didny wain his mother to give a receiplen. For then he would be froced into seeing HRE. He tied his snwoy tie in hatse and oransted his head with the gooes oil—his fingersh aking as he dieso. He was coithed. He like lady of Shaloote left the web and ifte the lomm and made thresp acceptable of the dawring corm.

(To Be Continued).

A Shropshire Lad.

When I was one-and-twenty I heard a wise man say, Give crowns and pounds and guineas

But not your heart away; Give pearls away and rubles But keep your fancy free." But I was one-and-twenty, No use to talk to me.

When I was two-and-twenty I heard him say again, "The heart out of the bosom Was never given in vain;
'Tis paid with sighs a-plenty
And sold for endless rue.'
And I am two-and-twenty,
And, oh, 'tis true, 'tis true.

About Us

Teachers' Wisdom. How flattered the teachers who went to hear Samuel Gompers tell why they should unionise must felt when he informed them

have feit when he internal that:

You may have been professional once, but you're not now. Why, hodcarriers get higher wages than

hodcarriers get higher wages than you do.

We hope that Mr. Gompers did not fail to state, also, that the pensions paid to the retired teachers of this city at great cost to the taxpayers are niggardly in comparison with those of the hodcarriers, who also enjoy life positions protected by the civil service. Such a condition is, of course, intolerable.

Considering the arguments with which the fifty or so who attended were insulted there is small wonder that the great majority of the city's 20,000 teachers look upon the unionising scheme with disfavor.—New York Evening Sun.

Dig Or Butterfly?

Are university women and men making their academic work secondary to their social activities? The question is raised in an article recently in the Cornell Women's Review, which, in discussing the social while in a coeducational institution, says: "This year the list of women students likely to fail in their mid-year examinations is longer than ever before. And this year the doctor's office reports too many cases of physical breakdown."

The ever-present problem of social life during college days is intensified in coeducational institutions. While no one would go so far as to suggest the return to colleges strictly for one sex, it would seem that the statement of the Cornell publication is worth serious consideration.

A young woman at one of the Middle Western coeducational institutions was heard to say not very long ago view, which, in discussing the social

A young woman at one of the Middle Western coeducational institutions was heard to may not very long ago that one had either to be classed as a dig or a butterily; that there was, in the social life of the university, no middle ground. It was a dase of staying home to study every night in the week—or not staying home at ail. If the social whiri were once begun, dance and tea and reception and skating party followed one another in a bewildering succession of merry-making. Lessons were scrambled through in the most haphazard way, and life was more that of a debutents than of a university student. The girl or man who did not indulge in this gayety became known as a dig and a bookworn. Soon there would be no more invitations, and the conscientious bookworn, undisturbed by telephone tinkle or merry voices, could settle down to an evening of interrupted study.

The control that the university can have over the personal activities of its students is pecessarily limited, but still it seems that good sense could dictate some means by which a girl or boy student could steer a middle course between butterfly and dig.—New York Globe and Commercial Advertiser.

RECIPES

Curried Haricot Beans,

Allow a pint of haricot beans oak for one hour, then put them in a saucepan with sufficient cold water to cover them, and boil gently till they are soft. Put two ounces of dripping in a pan and fry in it one When large onion chopped finely When it is apale brown add two chopped a tablespoonful of curry powder, a tablespoonful of flour, and powder, a tablespoonful of flour, and stir over a fire till cooked. Next put in a tablespoonful of grated cocoanut, haif a pint of milk, or half a pint of the water in which the haricots were cooked, and stir till the mixture boils. Now add the beans, two teaspoonfuls of powdered sugar, and salt to taste. Heat then add the strained juice of half a lemon, and serve on a hot dish. A border of boiled rice will be found acceptable.

Potato Pie.

Two pounds of potatoes one onion, one stick of celery, one ounce of taplocs, pepper and salt, a little milk, short crust to cover the pie.

Fry the onion in the butter. Slice the potatoes and celery vary thin. Fut them in a pie dish, sprinkling in the taploca and seasoning. Fill up the dish with milk, cover with short paste, and bake in a good oven for one hour or a little more.

Before sending the pie to the table, cut a little hole at the top of the crust and pour in a couple of table-spoonfuls of warm milk. Then let the pie stand a few minutes in a warm place so that the milk may have a chance to soak into the ingredients and goften them nicely. taplocs, pepper and salt, a little milk,

Potato Rolls.

Boiled potatoes, flour, pepper, salt, chopped herbs, parseley, bread crusts. Cut up the crusts into neat pieces the size of two fingers. Soak them in cold water. Take the potatoes when they are hot, mash them, and work in with them enough flour to bin-them into a paste. Roll the pasts out fairly thin, and cut it into

Stuffed Potatoes.

This is an unusual way to prepare baked potatoes. The potatoes are washed very clean and baked until mealy ed very clean and baked until mealy. The skins are scooped out, the potatoes mashed and mixed with the beaten whites of several eggs and enough cream and butter to moisten. Salt and pepper to taste is also added. Chopped pecans, about a cupful to each half dozen potatoes, are added to the mixture, and the potato shells filled with it. The tops of the potatoes are brushed with the beaten yolk of egg, and the shells are heated through before being served. They must be eaten at once, for the nuts will darken the potatoes if allowed to stand long.

Bean Rarebit.

For those who like baked beans with tomato sauce, this rarebit may prove a novelty. Melt a tablespoonful of but-ter in a chaffing dish or frying pan, adding half a pound of rarebit cheese cut into bits. When this has melted add a 10-cent can of baked beans with tomato sauce.

This is to be served in the usual way, on crackers or toast.

Stuffed Peppers.

Parboll peppers for ten or fifteen minutes. Grind leftovers of beef or lamb, using a cupful of meat to half a cupful using a cupful of meat to half a cupful of crumbs, two chopped onions and enough milk to moisten. Stuff the perpers with this mixture, put them in pans with enough boiling water to keep the peppers from burning, and serve very hot with tomato sauce.

The simplest way of preparing this sauce is to heat a can of tomato soup, which is thick enough to be used without adding more than seasoning.

What They Say Mlle. Lopokova Discusses Artistic Royal Road to Health Value of Arms and the Woman Only Traversed Through

Grace and Poise Let Them Speak Universal Language When Spoken Word May Fail, Says Premiere Danseuse of Ballet Russe.

Mile. Lydia Lopokova, premiere danseuse of the Bullet Russe, has written for The Washington Times a series of articles, the first of which appeared on Mon-day, on dancing and its helpfulness to the woman in private or in business life.

She herself has been dancing since she was nine years old, constantly practicing, diligently exercising and going through all the rigorous training, discipline, and severe curriculum of the imperial schools of Russia. Illness is unknown to her, and, working a little bit harder than she has ever worked before, she observes in these days of success and fame the same rules and practices learned in her girlhood in the classes of instruction.

The third of the series follows. The illustrations were especially posed by Lopokova for The Times.

By MLLE, LYDIA LOPOKOVA. Premiere Danseuse, Ballet Russe. THEN the danseuse in an or-Ballet Russe fully realizes the wonderful force and marvelous transmitting power of expression as given through the dance, she is soon impressed with the "language" that is possible in the use of one's arms, in the movement of the body and the legs.

And the more beautiful it grows when one considers that it is a universal language that conveys thought the world around where the spoken word falls. The telling of a story with just the graceful, easy, expressive movements of one's self, the art of throwing power into a dramatic episode or charm and delight into an incident in the dance is to me the most artistic of achievements. Here is where one learns especial-

ly what wonderfully expressive things are one's arms. What sentences their movements can convey. What denunciations of hate, what a tenderness of love, what a terror. what a storm of passion can they tell when choreography is perfectly carried out by the mind in perfect control of all else about us.

Arms and the Woman. If our Russian schools we must first be physically well and sound before we begin our training. Then comes the exercise, and with it a new strength and a better agility. We become muscular, and yet do not lose the attractiveness of figure or fineness of carriage. In fact, our training helps all these womanly charms.

A ballet dancer must have strength. The demand upon her physical being is enormous. She has to learn to brush away fatigue and never let up.

That is why I and my companion

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MLLE. LYDIA LOPOKOVA.

dancers exercise every day just as we did before we were honored with a professional appearance.

But for the arms.

There is so much we can do with them. Exercise will not only bring strength but new freedom to the arm, and will teach it how to carry out every function in a manner that

srm, and will teach it how to carry out every function in a manner that not only has grace and ease but is full of expression.

Such exercises teach one to hold out the arms when greeting an old friend and make them speak a welcome, to turn the hands outwardly to repel an enemy, while the tightning of the muscles and the rigidity of the upper part of the arm show the feeling of resentment.

Talking, Telling Arms!

Another may be to lift the hands over the head with the arms stretched at full length, in all the beauty of their proportions, or to clasp the hands above the head while either crouching in fear or are showing a feeling of actisfaction or of joy again to clasp them at the back to show an expression of self satisfaction, or perhaps of disregard. But when one's arms speak the most

is when they are outstretched and one throws the body forward with one foot raised in taking the position of a bird as if in flight to meet its

M ANLY" in its cut is this

its abrupt outward line from the

neck, opens the fronts to better

display the smart vest that is made

of the same contrasting goods trim-

ming the cuffs of sleeves and forming the collar. The trousers

The pattern 665 is cut in sizes

4, 6 and 8 years. Medium size re-

quires 1 5-8 yards of 44-inch ma-

terial and 5-8-yard of 27-inch con-

have a straight lower edge.

little suit. The coat, in

Art of Silent Expression Possible to Every Woman Who Will Cultivate the Transmitting Power of the Speaking Body.

mate or in seeking the shelter of its nest.

Talking, telling arms! What wonderful things to cultivate.

It is the dance that teaches these arms all those delicacies of the art of silent expression.

Prove it to yourself by watching some of your friends at a dance, but don't tell them what you have seen or of what you think if you wish to keep their friendship. Is there any more distressing picture, than that of a young woman clutching her partner like a sinking being or just leaning against his manity self with her unspeaking arms thrown about his shoulders as she shuffles along

her unspeaking arms thrown about his shoulders as she shuffles along like a swan buing drawn to slaughter—I do not know whether or not they draw swans to slaughter, but that is what it looks like.

Just as I have referred to other movements of the body, in my previous articles, let me say in this: Give your arms plenty of freedom; give them grace, make them speak, make them tell something, even if you are only lifting them to stop a street car, for even in this you can street car, for even in this you can be expressive and appealing.

Three Minute Journeys

By TEMPLE MANNING.

NE of the first places in the City of Mexico to which the sightseer is taken is "La Plaza del Volador," litertranslated the name means place of the flyer." Just this name came to be applied to this particular place I do not know. But we may find some cause for a smile when we realize that "the place of the flyer" is the "Thieves' Market."

Situated back of "El Palacio Nacional," which corresponds to the Capitol at Washington, the "Thieves" Market" is a place where one may buy anything from a diamond ring to a hairpin. It is an open market where everything imaginable is sold, and not everything there displayed is stolen property by any means. But that many things offered there for sale have been stolen is recog-

for sale have been stolen is recog-nized even by the police.

Here you find rare old vellum volumes worth their weight in gold, brass candlesticks once used on the altar of some saint, queer old relies from the days of the viceroys, even ancient oddities from Montezuma's time. As for articles of merchandise of today, you may purchase an egg-beater from the States or an auto-mobile, and perhaps they have been stolen. Many of the sales are by auction, which ustally take place on Sunday,

which usually take place on Sunday, liecognized as what might be called a sanctuary for stolen property, householders who have been robbed during the preceding week, are said often to attend these sales in the hope of recovering the missing property at merely nominal prices. But at any time a person wishing to buy a needed article may visit "La Plaza del Volador" and bargain with the seller.

del Volador" and bargain with the seller.

When one does so, however, he determines not to pay more than one-third of the original asking price. If he is an American he may be able to purchase the article he desires for one-third to one-quarter of what he is asked to pay. The American is supposed always to be wealthy, and quite legitimate prey. (Copy't, 1916, Newspaper Feature Syndicate.)

Gate of Watchfulness

By DR. LEONARD KEENE HIRSHBERG.

These harsh but true words were spoken by Prof. Eugene Lyman Fiske.

of the Life Extension Institute of New York.

The available resources of science are

spoken by Prof. Eugene Lyman Fiske, of the Life Extension Institute of New York.

The available resources of science are not used to their fullest extent. To keep bables merely alive; to prevent sickness, and to lock the stable doors of prevention after the health horse is gone, seems to suffice some people.

Many deaths and much more ill-health and partial or reduced efficiency from "chronic" maladies are preventable—certainly postponeable. Premature physical decay and physiological impairment is reflected in the unpleasant fact that deeds and words are widely separated.

Knowledge and Application

Frequent Overhauling Wise. Dr. Alexis Carrel has shown that tissues of animals can be kept alive outside and separated from the whole creature. All that is necessary is proper food and frequent washing away of the waste and the accumulated poisons. Prof. Herbert Spencer Jennings has, in the same way, kept animalcules alive through thousands of generations that otherwise would have died in one or two

Knowledge and Application.

Educational methods, lectures, books, libraries and newspapers instruct you how to ward off many of the kidney, blood, heart and internal tissue allments, yet these very maladies have, since 1880, shown an increased mortality of 100 per cent.

Just think of it! Despite the accumulation of facts, broader knowledge and widespread development of science, the death rate is often not only unsuspected until too late, but not even until after it has doubled.

Scientific facts prove that heart, kidney, arterial, venous and tumor diseases are needlessly, though widely, prevalent at the very period of human life when man should be at his best.

Why, then, will people not follow the word with the deed? Why is knowledge

otherwise would have died in one or two generations.

Obviously, the human tissues are subject to the same influences for good or evil. Here is definite knowledge of how to ward off decay, degeneration and death, yet you may at once forget the lesson and fail to apply the remedy-proper food and perfect elimination.

It is true that some people show an unwillingness or inability to co-operate with those who are eager to better their condition by detecting inciplent or partial impsirments, and thus guide themselves to higher planes of existence.

It is easier to have a theory, a fad, or to save "it's all imagination" then to exhibit energy and industry by frequently having your whole anatomy overhauled. In a word, you seek a royal road to health—and there is none—instead of making steady efforts to keep all parts of your body in perfect elimination.

Close the same influences for good or vil. Here is definite knowledge of how to ward off decay, degeneration and death, yet you may at once forget the lesson and fail to apply the remedy—proper food and perfect elimination.

It is true that some people show an unwillingness or inability to co-operate with those who are eager to better their condition.

It is easier to have a theory, a fad, or the individual to a portion and the proper

Answers To Health Questions

I. P. Q.—Kindly send a stamped, self-addressed envelope, repeating your in-boracle acid water twice a day. I. Take three drops of Fowler's arsenic solution

A Reader-Is there a cure for blush-

Try, my good friend, to forget your-self entirely in the presence of others, look on the sunny side of life, and laugh and keep young. Join in the laughter and fun of the young and care-free, and this will surely aid you to overcome your self-consciousness.

P. M.—Kindly advise how to reduce the appetite. I eat three meals a day and am always hungry between meals. As I do cierical work I do not think my body requires the amount of food supplied. You must fast for a time. Eat but two meals a day, and do not eat be-tween. You should exercise more.

Mrs. F. E. M.-What can I do for in-digestion which causes a lump in the throat about four hours after eating?

You must eat more apples, figs, cereals, prunes, prune juice, carrots, spinach, stewed pears, and drink three quarts of distilled water daily, two giassfuls haif hour before meals. Take seven grains oxide of magnesia before meals, six charcoal tablets after meals. Sleep ten hours in the twenty-four, and be outdoors in the fresh air and sunlight most of the day.

J. J. A.—My feet swell, particularly at the big toe joint, and become very sore for a week at a time. Can you suggest something that will give me some relief? 2. I have pains in the back and specks appear before my eyes. What will you advise? 3. I am troubled with pimples on my back below my neck. What shall I do to rid myself of these?

Massage, manipulation, and electricity may help you. Bathe the feet in warm water at night and massage them upward with alcohol. 2 The symptoms you give—other than the pain it the back—are not conclusive; they might indicate many things. Have your kidneys examined, also your eyes. In the

perteth in search of adventure, and

is always THERE when he re-

shieldeth him from the wind and the

rain and the storm; and may be

Consider the umbrella,

three drops of Fowler's arsenic solution in water after meals three times a day. Avoid all oily, hot, greasy, rich, starchy and highly seasoned foods,, sweets, pastries, and thick gravies. Do not use seap or hot water on the face, but cleanse it with ice-cold water and a good peroxide cream instead. Apply lodide of sulphur, one-half dram, and simple cerate, one ounce, to the pimples.

PERSONAL ADVICE.

Readers desiring advice should remember:
1. To address inquiries to Dr. L.
K. Hirshberg, care of The

To enclose a stamped and ad-dressed envelope if a personal reply is desired.

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turneth.

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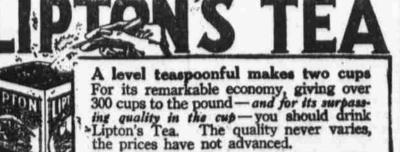
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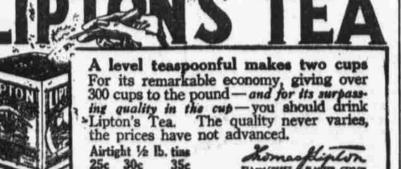
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March 23.



Sayings of Mrs. Soloman

My daughter, wouldst thou be a mon's "ideal?" Then, I charge thee, consider the PEACH, which is soft and sweet on the outside, but stony at heart. For unto any man a little surface tenderness is more acceptable than

aiken ribbons.

Consider the cigarette, which is cold, until a man lighteth the flames; bright and glowing while it lasteth, and easily tossed aside when the fire

and easily tossed aside when the lire is out.

Consider the sofa cushion, which adorneth the house, receiveth many confidences, sootheth the weary head, bendeth itself to suit the will, and keepeth its own counsel.

Consider the hot water bag, which cometh to his aid in times of pain and suffering, yet doth NOT follow him about, urging him to wear rubbers, and asking continuously if he loveth it "as much as ever?"

Consider the meerschaum, which comforteth his nerves, exalteth his sou!, inspireth his sweetest dreams;

ALL FRUITS JAN LILLCO SUPERIOR S RESERVES

much deep devotion, and a warm smile is more comforting than flam-ing emotions.

Consider the pet Angora, which ac-cepteth her petting as a matter of course, but never returneth it, and never getteth upon the nerves by de-manding "more." manding "more."

Consider the house cat, which, having no ThEORIES, reposeth upon a pillow of down, and is fed upon tidbur and cream, and adorned with

sou!, inspireth his sweetest dreams;